

WHAT'S YOUR DEFENDER POWER?

Every Defender is stronger, faster, and tougher than a normal human.
But your true power comes from what makes you **YOU**.

QUESTION 1 - A monster attacks your school. What do you do first?

1. Stand your ground and protect people around you
2. Act fast and run towards it
3. Pause, focus, and choose the smartest move
4. Notice who's panicking and help keep them calm
5. Find somewhere to hide and get others to safety

QUESTION 2 - Your friends would say you're the one who...

1. Is always there when you need them
2. Will try anything
3. Likes everything perfect
4. Notices everything
5. Is a good listener

QUESTION 3 - When things get tough, you're best at...

1. Helping others
2. Thinking fast
3. Staying calm
4. Sensing danger
5. Being careful

QUESTION 4 - In a group task, you usually...

1. Ask for everyone's ideas
2. Jump in and get things moving
3. Make a plan
4. Listen and see what the group needs most
5. Watch carefully and help when asked

QUESTION 5 - Before a test you're most likely to feel...

1. A bit stressed, because you really want to do well
2. Restless - you just want to get it done quick
3. Calm and steady, even under pressure
4. Fine, your best is enough
5. Nervous, but ready, because you always prepare

QUESTION 6 - If you could only choose one, what matters most to you?

1. Helping people
2. Never giving up
3. Getting things right
4. Being kind
5. Getting on with everyone

*Which answer did you choose most?
Enter it here, then turn over to discover your
Defender power!*

THE LOST
DEFENDERS



MOSTLY 1 - DEFENDER POWER: STRENGTH

Your strength comes from your heart.



You feel things deeply, and you care a lot about doing the right thing. When something goes wrong, you don't look away – you step in, even if you're scared or unsure. Your Defender gift turns that strength of heart into real power. When someone is in danger, you can lift, hold, and protect far more than anyone expects. You are strongest when it matters most.

MOSTLY 2 - DEFENDER POWER: SPEED

You move before fear can catch you.



You don't freeze when things go wrong – you move. Your Defender gift comes from your ability to adapt and act under pressure, even when you're afraid. When danger strikes, your energy surges and your reflexes sharpen, allowing you to move faster than fear itself – sprinting, dodging, and reacting in the blink of an eye. You don't wait for certainty. You trust yourself to move first and work things out as you go.

MOSTLY 3 - DEFENDER POWER: PRECISION

You see what others miss.



You like getting things right and feel proud when your thinking clicks into place. When things get chaotic, your mind sharpens instead of racing. You notice details others overlook and think carefully before acting. Your Defender gift comes from your ability to focus, stay calm, and choose the smartest move under pressure. That clarity turns into incredible precision – perfect timing, accurate strikes, and solutions others can't see.

MOSTLY 4 - DEFENDER POWER: PERCEPTION

You sense danger before it strikes.



You often feel it before you can explain it – when something's off, when someone's scared, when danger is close. Your Defender gift comes from how deeply you sense emotions and energy around you. That awareness allows you to detect threats early and understand what others are feeling, sometimes even calming a situation before it spirals. You give your team an edge simply by noticing what others don't.

MOSTLY 5 - DEFENDER POWER: CAMOUFLAGE

You choose when you're seen – and when you're not!



Your Defender gift comes from your ability to stay calm, focused, and completely in control of your presence. While others rush in, you see the bigger picture. When you choose, you can disappear into the world around you, silent, unseen, and undetected. Monsters don't know where to look... until it's too late. You don't just react. You outsmart.

Your Defender power is...
